



Shakopee Mdewakanton Sioux Community

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Dakotah! Sport and Fitness Hosts Turkey Trot 5k

Winners From Twin Cities, Suburbs

Prior Lake, Minnesota - On November 12, 2005, Dakotah! Sport and Fitness sponsored their annual Turkey Trot 5K, 1-Mile Race, and Kids' Run. The run started at Dakotah!, and the course continued through The Meadows at Mystic Lake, the Shakopee Mdewakanton Sioux Community golf course which opened to the public on August 22, 2005. To encourage youth to take up the sport there was a Kids' Fun Run following the 5K.

Runners were divided into seven age groups for men and seven for women with winners receiving a certificate for a turkey. All registered runners received t-shirts. Each Kids' Fun Run participant received a finisher's certificate.

The Overall Men's Winners were John Davis (**Eden Prairie**) in first place with a time of 19:17; Frank Loy (**Maple Grove**) in second place with a time of 19:29; and Daniel Scheff (**Savage**) in third place with a time of 20:03. The Overall Women's Winners were Solange Miller (**Lakeville**) in first place with a time of 22:01; Laura Roach (**Lakeville**) in second place with a time of 22:06; and Paige Foster (**Prior Lake**) in third place with a time of 22:19.

Other Men's Winners were: in the 14 and Under Age Category: Mac Murphy (**Prior Lake**) 23:57; Ethan Eiden (**Cologne**) 37:39; Ages 15-19: John Davis (**Eden Prairie**) 19:17; Ages 20-29: Daniel Scheff (**Savage**) 20:03; Reuben Crowfeather (**Prior Lake**) 23:34; Joe Sherry (**Prior Lake**); 25:11; Ages 30-39: #207 21:06; Jay Degener (**Shakopee**) 21:13; Mark Boecker (**Belle Plaine**) 23:04; Ages 40-49: Frank Loy (**Maple Grove**) 19:29; Charles Roach (**Lakeville**) 20:33; Mike Nelson (**Prior Lake**) 20:40; Ages 50-59: John Fouts (**Eagan**) 26:50; Al Rowland (**Shakopee**) 27:56; Randall Eiden (**Cologne**) 27:59; Ages 60 and Over: Jim Graupner (**Lake Elmo**) 20:49.

Other Women's Winners were: in the 14 and Under Age Category: Solange Miller (**Lakeville**) 22:01; Paige Foster (**Prior Lake**) 22:19; Petra Nelson (**Mountain Lake**) 22:36; Ages 15-19: Laura Roach (**Lakeville**) 22:06; Bethany Nelson (**Mountain Lake**) 22:34; Beth Ohrt (**Lakeville**) 23:06; Ages 20-29: Angie Potts (**Northfield**) 25:35; Meghan Hanna (**Rosemount**) 28:59; Kate Alexander (**St. Paul**) 29:35; Ages 30-39: Michelle Worter (**Jordan**) 26:04; Teri Roder (**Shakopee**) 26:17; Tonsha Hokanson (**Shakopee**) 27:54; Ages 40-49: Dawn Colton (**Shakopee**) 25:48; Lisa Vague (**Alberville**) 27:50; Marie Thomsen (**Shakopee**) 29:39. There were no Women's entries in the Ages 50-59 and Ages 60 and Over categories.

About Dakotah! Sport and Fitness

The area's premier fitness facility, Dakotah! Sport and Fitness offers a vast array of amenities with something for everyone in their 160,000 square foot facility. Amenities include an indoor track, aquatic center, indoor ice arena, a double gymnasium, a cardio studio, a cycling studio, a Running Club, group fitness classes, free weights, circuit training equipment, and much more. Dakotah! Sport and Fitness is an enterprise of the Shakopee Mdewakanton Sioux Community, a federally recognized Indian Tribe in Minnesota. Dakotah! Sport and Fitness is adjacent to Mystic Lake Casino Hotel in Prior Lake, Minnesota. For more information call Dakotah! Sport and Fitness at 952-445-9400 or visit their website at www.dakotahsport.com.

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